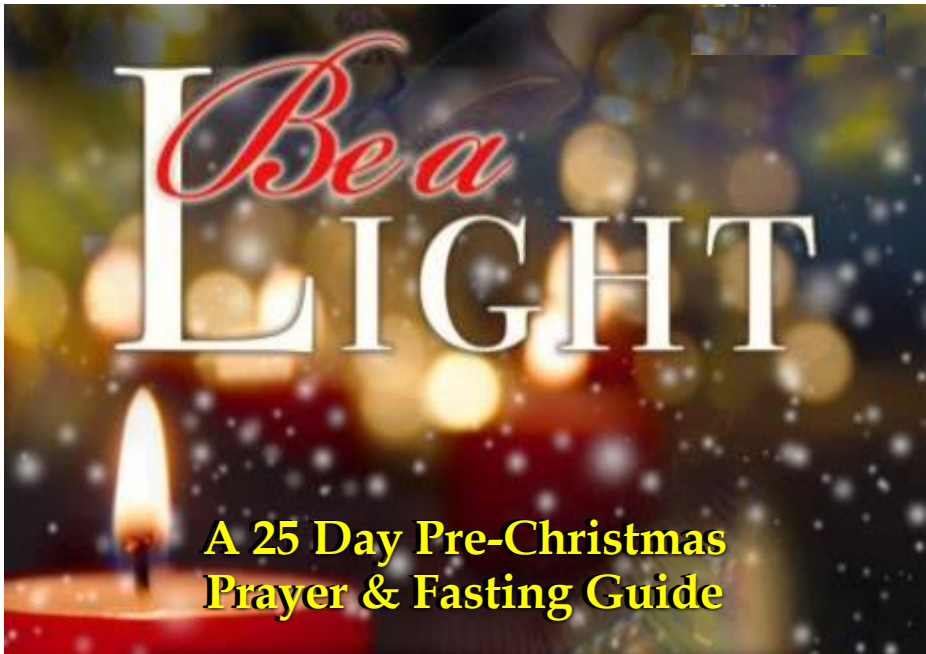


**PRAY & FAST**  
*1-25 December 2021*  
For God's Light To Shine  
Through Us  
This Christmas!



CHURCH OF PRAISE Nexus Auditorium #05-07 Cuppage Plaza 5 Koek Road  
S228796. Tel: 6344 3500. Email: [admin@churchofpraise.org.sg](mailto:admin@churchofpraise.org.sg)  
Homepage: <http://www.churchofpraise.org.sg>  
Follow @ <https://www/facebook.com/churchofpraisesg>

# Answering God's Call to "Be a Light" this Christmas

*Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life." John 8:12*

The theme of this year's pre-Christmas Pray & Fast is : "**Be a Light**". More so than at any time, our world needs the Light of Jesus to shine into the deep darkness. Let us be carriers of His Light to others who are in darkness this Christmas!

In order to be a carrier of God's Light, we need to enter into a season of seeking God in humility and repentance. We urge everyone to plan time to seriously enter into this Pray & Fast, believing to see change as we have never experienced before:

- Change in our own attitudes and faith to believe in a fresh move of God among us
- Bringing souls to salvation this Christmas
- Families that are torn apart by strife to be reunited in love
- Financial provision for those affected by the pandemic
- Provision of jobs for those affected by the pandemic
- Revival to take place in CP
- Many to answer God's call to be workers in His harvest field
- Healing of sicknesses and diseases

Let us make these 25 days of Pre-Christmas Pray & Fast different from any other, because the world needs desperately to see the Light of Jesus!

# Incorporate this 25 Day Pray & Fast into your Prayer Altar



Incorporate this season of Pray & Fast into your daily prayer altar! Read the day's Scripture portions of the 365 Day Bible Reading Plan; worship, pray and listen for Holy Spirit's promptings. Then extend your Prayer Altar by praying the day's prayer pointers from this guide.

## Intensify Prayer in the Spirit

During this season, intensify prayer by praying in the Spirit. Pray in tongues with words that Holy Spirit gives. It's the weapon that will defeat the darkness of Satanic work. *"For anyone who speaks in a tongue does not speak to people but to God. Indeed, no one understands them; they utter mysteries by the Spirit"* 1 Corinthians 14:2.

## Daniel Fast Recommended

Fast at least one meal at least two or three days a week. You may choose a normal fast or a Daniel Fast. The Daniel Fast is recommended for most people because you are not limited to any specific amount of food, but rather to the kinds of food you eat. You limit yourself to vegetables, fruits and water. These can be fresh, frozen, dried, juiced or canned. Also all whole grains may be eaten, including whole wheat, brown rice, millet, oats, barley, rice cakes and

popcorn; as well, all nuts and seeds, and nut butters including peanut butter. Other permitted food are tofu, soy products, vinegar, seasonings, salt, herbs and spices.

All quality oils including olive, canola, grape seed, peanut, and sesame may be consumed in the Daniel Fast.

*Foods to avoid on the Daniel Fast:*

All meat, fish and animal products , including dairy products and eggs should not be eaten. Avoid caffeinated, energy and alcoholic beverages .

## **Day 1: December 1**

***Scripture Reading:***

Daniel 7:1-8:14; 1 John 2:12-27; Psalm 136:13-26

***Pray & Fast Pointers:***

*“But you have an anointing from the Holy One, and all of you know the truth.” 1 John 2:20*

1. As we begin this season of Pray & Fast, ask God to enlighten our hearts all over again to “know the truth.”
2. Remember how Pilate asked Jesus: “What is truth?” Yet he showed no sincerity to listen to Jesus’ answer.
3. Ask God to show you what aspects of your life are preventing you from sincerely wanting to listen to “what is truth”.
4. Repent. Pray in the Spirit.
5. End with thanksgiving and praise.

## Day 2: December 2

### **Scripture Reading:**

Daniel 8:15-9:19; 1 John 2:28-3:10; Proverbs 29:10-18

### **Pray & Fast Pointers:**

*"The reason the world does not know us is that it did not know Him."* 1 John 3:1b

1. Confess to God how you have unintentionally been blinded by the darkness of the world.
2. Ask God to fill your soul with love and burden for salvation of loved ones and friends.
3. Pray for someone by name who needs to see the light of Jesus this Christmas.

## Day 3: December 3

### **Scripture Reading:**

Daniel 9: 20-11:1; 1 John 3:11-4:6; Psalm 137:1-9

### **Pray & Fast Pointers:**

*"...do not believe every spirit, but test the spirits to see whether they are from God, because many false prophets have gone out into the world."* 1 John 4:1

1. Do you "know the truth" enough to discern the spirits?
2. Confess to God your spiritual inertia and lethargy that stop you from asking/receiving the gift of discernment.
3. Ask God for discernment of spirits so that you can bring His Light to others and not be intimidated instead.

## Day 4: December 4

### **Scripture Reading:**

Daniel 11:2-35; 1 John 4:7-21; Psalm 138:1-8

### **Pray & Fast Pointers:**

*"...the people who know their God shall be strong, and carry out great exploits."* Daniel 11:32b NKJV

1. Ask God to show you what it takes to know Him.
2. Tell God you want to know Him and "be strong, and carry out great exploits" for His glory.
3. Ask that you will begin to "carry out great exploits"; to bring hope and healing to someone you know.

## Day 5: December 5

### **Scripture Reading:**

Daniel 11:36-12:13; 1 John 5:1-21; Psalm 139:1-10

### **Pray & Fast Pointers:**

*"This is love for God: to obey His commands. And His commands are not burdensome."* 1 John 5:3b

1. Have you secretly found God's commands burdensome? Why?
2. Ask God to show you His face, to know Him in the way that John the Apostle and others know Him.
3. Worship, praise and adore Jesus. Fall in love with Jesus all over again!

## Day 6: December 6

### **Scripture Reading:**

Haggai 1:1-2:23; 2 John 1:1-13; Proverbs 29:19-27

### **Pray & Fast Pointers:**

*“The glory of this present house will be greater than the glory of the former house...”* Haggai 2:9

1. Proclaim Jesus as Lord and King over CP and ask that His glory will fill CP.
2. Ask for greater glory to fill CP than ever before through transformation of lives, salvation, people answering the call to ministry.
3. For CP members to be recharged with the love and joy of Jesus this Christmas!

## Day 7: December 7

### **Scripture Reading:**

Zechariah 1:1-4:14; 3 John 1:1-14; Psalm 139:11-16

### **Pray & Fast Pointers:**

*“Jerusalem will be a city without walls.... And I Myself will be a wall of fire around it...”* Zechariah 2:4-5a

1. Enter into the throne room of God; bow deeply before Him. Join with the hosts of heaven in praise and adoration.
2. Proclaim God’s love and protection as the wall of fire--from Covid19--around your family, other loved ones and CP.
3. Wage spiritual warfare against Satanic schemes—sickness, financial loss, career loss, children’s education.

## Day 8: December 8

### **Scripture Reading:**

Zechariah 5:1-8:23; Jude 1:1-25; Psalm 139:17-24

### **Pray & Fast Pointers:**

*“Many peoples and the inhabitants of many cities will yet come...”* Zechariah 8:20

1. Listen to Holy Spirit as He reveal to you His plan and purpose for CP.
2. Confess your excuses/disobedience in listening to your own reasoning and fears instead of God.
3. Wage spiritual warfare against the general spirit of defeat and compromise among us.

## Day 9: December 9

### **Scripture Reading:**

Zechariah 9:1-11:17; Revelation 1:1-20; Psalm 140:1-5

### **Pray & Fast Pointers:**

*“Ask the LORD for rain in the springtime...”* Zechariah 10:1

1. Push through the wall of lies that Satan has built around your mind.
2. Enter into the freedom of God. Boldly take your stand against all Satanic deception to keep God’s people in defeat.
3. Respond to God’s invitation to ask Him for “rain”. Ask for His favour, miracles of provision, healing and salvation.
4. Ask God to send us/raise up workers with zeal into His harvest field.



## Day 10: December 10

### **Scripture Reading:**

Zechariah 12:1-14:21; Revelation 2:1-17; Proverbs 30:1-10

### **Pray & Fast Pointers:**

*“The people of Jerusalem are strong, because the LORD Almighty is their God.”* Zechariah 12:5b

1. Catch a vision of who God is. He is Almighty God, the Eternal Father, Prince of Peace, Healer, Provider, Lover of your soul, etc
2. Proclaim CP and yourself strong because the LORD Almighty is in our midst.
3. Pray for God’s will to flourish in the life of every CP member.

## Day 11: December 11

### **Scripture Reading:**

Esther 1:1-2:18; Revelation 2:18-3:6; Psalm 140:6-13

### **Pray & Fast Pointers:**

*“To him who overcomes and does my will to the end, I will give authority over the nations.”* Revelation 2:26

1. Ask God for empowerment to be an overcomer and do the will of God in this crucial time of world crisis.
2. Listen to Holy Spirit’s promptings of what and who are defiling your spirit. Ask for strength to separate yourself from them.
3. Pray in the Spirit in tongues till you are standing in victory!

## Day 12: December 12

### **Scripture Reading:**

Esther 2:19-5:14; Revelation 3:7-22; Psalm 141:1-10

### **Pray & Fast Pointers:**

*"I am coming soon. Hold on to what you have, so that no one will take your crown."* Revelation 3:11

1. Ask God to raise CP up to be a church ready for Jesus' Second Coming.
2. Pray for Christians to be released from entanglements of the world, from lust of the flesh and the pride of life.
3. Ask God to restore them to the place of joy and authority in His Kingdom.

## Day 13: December 13

### **Scripture Reading:**

Esther 6:1-8:17; Revelation 4:1-11; Psalm 142:1-11

### **Pray & Fast Pointers:**

*"After this I looked, and there before me was a door standing open in heaven."* Revelation 4:1a

1. Enter into the realm of heaven through the open door—the Blood of Jesus, the eternal Lamb of God. Kneel in thanksgiving and worship Him!
2. Lay down your own thoughts, priorities, goals, struggles and requests. Ask God to fill your heart to overflowing with His love, presence and power instead.
3. Go forth to be God's light to others still living in darkness.

## Day 14: December 14

### **Scripture Reading:**

Esther 9:1-10:3; Revelation 5:1-14; Proverbs 30:11-23

### **Pray & Fast Pointers:**

*“Each one had a harp and they were holding golden bowls full of incense, which are the prayers of the saints. And they sang a new song...”* Revelation 5:8b-9a

1. Make this time a session of praise and worship (“harp”) by joining the 4 creatures and 24 elders in heaven.
2. Pray in tongues in the Spirit till He gives you a new song.
3. Fight to victory for the light of Jesus to enter into the darkness of loved ones and friends this Christmas.

## Day 15: December 15

### **Scripture Reading:**

Malachi 1:1-2:16; Revelation 6:1-17; Psalm 143:1-12

### **Pray & Fast Pointers:**

*“For He will be like a refiner’s fire or a launderer’s soap. He will sit as a refiner and purifier of silver...”* Malachi 3:2b-3a

1. Ask God for mercy for the general state of complacency of many Christians today. Repent before God for insensitiveness to His holiness.
2. Ask God to purify our hearts from self-justification and self-righteousness and to see our true spiritual condition.
3. Ask God to prepare CP for the fire of Revival so as to be prepared for the coming Rapture.

## Day 16: December 16

### **Scripture Reading:**

Malachi 2:17-4:6; Revelation 7:1-17; Psalm 144:1-8

### **Pray & Fast Pointers:**

*“But you who revere my name, the sun of righteousness will rise with healing in its wings.” Malachi 4:2a*

1. Take time to let God show you in what ways we have shown a lack of reverence for His name.
2. Confess our careless hearts and words. Ask God to send His angel with a live coal from His altar to touch our lips.
3. Ask for purification, to speak His word to someone, with signs and miracles following.

## Day 17: December 17

### **Scripture Reading:**

Ezra 1:1-2:67; Revelation 8:1-9:12; Psalm 144:9-15

### **Pray & Fast Pointers:**

*“Then our sons in their youth will be like well-nurtured plants, and our daughters will be like pillars carved to adorn a palace.”*

Psalm 144:12

1. Pray for sons and daughters in CP. As the Lord brings them to your mind, cover them with the blood of Jesus.
2. Ask God to enable them to overcome Satanic temptations to give in to fleshly desires and pride.
3. Ask for the fire of Revival to fall among our young ones so that many sons and daughters will see the light of Jesus.

## Day 18: December 18

### **Scripture Reading:**

Ezra 2:68-4:5; Revelation 9:13-10:11; Proverbs 30:24-33

### **Pray & Fast Pointers:**

*“Despite their fear of the peoples around them, they built the altar on its foundation and sacrificed burnt offerings on it to the LORD...”* Ezra 3:3

1. Ask God to prepare us to be courageous witnesses when we face jeers and rejection for being different.
2. Ask God for perseverance in every home in CP to build their Prayer Altar every day.
3. Ask that in spite of pandemic difficulties, God’s people will bring sacrifices of love and service to glorify Jesus.

## Day 19: December 19

### **Scripture Reading:**

Ezra 4:6-5:17; Revelation 11:1-19; Psalm 145:1-7

### **Pray & Fast Pointers:**

*“One generation will commend your works to another; they will tell of your mighty acts.”* Psalm 145:4

1. Ask God for anointing to mentor/disciple future generations to experience God’s mighty acts.
2. Pray blessing on the next generation: that they will excel in Word, Holy Spirit baptism and spiritual gifts.
3. Pray that they will excel in study and all they do to give glory to God.

## Day 20: December 20

### **Scripture Reading:**

Ezra 6:1-7:10; Revelation 12:1-13:1a; Psalm 145:8-13

### **Pray & Fast Pointers:**

*“The king had granted him everything he asked; for the hand of the LORD his God was on him.”* Ezra 7:6b

1. In this time of pandemic, ask for God’s special favour for godly men and women with bosses and business partners.
2. Pray that godly men and women will not only excel in their jobs, but will be solid testimonies of God in the marketplace.
3. Pray that every Christian home will establish a family altar and bear witness to God’s favor in their home.

## Day 21: December 21

### **Scripture Reading:**

Ezra 7:11-8:14; Revelation 13:1b-18; Psalm 145:13-21

### **Pray & Fast Pointers:**

*“He fulfills the desires of those who fear Him; He hears their cry and saves them.”* Psalm 145:19

1. Lift up people you know who are in difficulty due to the pandemic. Pray for God’s favor and miraculous provision.
2. Pray for those who are sick in body. Pray for release of anointing to pray deliverance and healing for them.
3. Pray for a release of miracles of provision and healing as a result of this Prayer & Fasting.

## Day 22: December 22

### **Scripture Reading:**

Ezra 8:15-9:15; Revelation 14:1-13; Proverbs 31:1-9

### **Pray & Fast Pointers:**

*“This calls for patient endurance on the part of the saints who obey God’s commandments and remain faithful to Jesus.”*

Revelation 14:12

1. In this time of pandemic restrictions, pray that we will not slacken in personal faith and corporate worship.
2. Pray that this Pray & Fast season will be a time of awakening and receiving fresh anointing for the journey ahead.
3. Pray for patience to know that God is working in spite of this pandemic for those who trust Him.

## Day 23: December 23

### **Scripture Reading:**

Ezra 10:1-44; Revelation 14:14-15:8; Psalm 146:1-10

### **Pray & Fast Pointers:**

*“Now let us make a covenant before our God...”* Ezra 10:3a

1. Make a covenant before God to keep the fire burning hot on your altar, not to allow the fire to grow dim.
2. As part of your covenant, ask God to enable you to plant a seed of faith in someone’s life this Christmas.
3. Ask God to raise up many watchmen and grant them holy discernment--to pray and intercede for Revival in CP.

## Day 24: December 24

### **Scripture Reading:**

Nehemiah 1:1-2:20; Revelation 16:1-21; Psalm 147:1-11

### **Pray & Fast Pointers:**

*“The LORD sustains the humble but casts the wicked to the ground.”* Psalm 147:6

1. This Christmas eve, meditate on Mary’s prayer in Luke 1:46-55.
2. Listen to Holy Spirit’s voice on the strength of staying humble and pure in spirit, like Mary.
3. Pray for Christians who are facing prejudice and opposition from ungodly people, to receive God’s strength to stay humble, trusting God to work on their behalf.

## Day 25: December 25

### **Scripture Reading:**

Nehemiah 3:1-4:23; Revelation 17:1-18; Psalm 147:12-20

### **Pray & Fast Pointers:**

*“For He strengthens the bars of your gates and blesses your people within you. He grants peace to your borders and satisfies you with the finest of wheat.”* Psalm 147:13-14

1. Today, celebrate Christmas with this promise of God.
2. If you are a parent or grandparent, in the presence of your family, pray and claim: a)the gate of your home be strengthened by divine protection; b)the people within enjoy God’s blessing; c)divine peace to encircle your home and d) God’s finest provision throughout the year.